



## Murphy Creek Athletics

2015-2016

### Welcome!

Here at Murphy Creek, we care that our developing athletes have FUN while learning and working on fundamentals to improve their athletic play. Our hope is that our athletes will want to continue participating in athletics throughout their middle school years at Murphy Creek and also beyond.

Being a member of a team is a big commitment. In order for the team to improve, the individuals must improve. Athletes are expected to be at ALL practices (unless excused) and to make the team they are playing on a TOP- PRIORITY.

Murphy Creek promotes STUDENT-athletes. We expect our students to succeed in their academics and athletics and want to prepare them for their years beyond Murphy Creek as well. Incorporating study halls on days of athletic competitions helps our athletes learn to balance their time and to keep themselves in "good" academic standing.

Our coaches want nothing but the very best for the athletes, to improve their play, to improve the team's play, and to compete at the highest level possible with class and respect. They know what it takes to be, "A CHAMPION".

Placing a championship banner on the wall is not the only way that success can be measured...

Making a commitment to a team—and *honoring it*, learning how to become a STUDENT-athlete, and working towards a common goal--or an individual one, are tools that our JETS can use for their lifetime!

## LET'S GO JETS!

*Brian Fought*

*Murphy Creek Athletic Director*

## **Athletic Offerings**

Murphy Creek P-8 offers the following sports for 6<sup>th</sup>, 7<sup>th</sup>, & 8<sup>th</sup> grade students.

<u>BOYS</u>	<u>Start Date</u>	<u>GIRLS</u>	<u>Start Date</u>
Track & Field	8/13/15	Track & Field	8/13/15
*Wrestling	9/28/15	Swimming/Diving	8/13/15
<u>*(Wrestling is CO-ED)</u>		Soccer	9/28/15
Basketball	1/19/15	Volleyball	11/16/15
Soccer	3/7/15	Basketball	3/7/15

\*\*Broncos Future Football is also offered 7<sup>th</sup> and 8<sup>th</sup> graders (@Vista Peak)

## **Athletic Paperwork & Fees**

All student athletes must meet the following criteria before they are eligible to participate in the athletic programs at Murphy Creek. Students may not practice until all forms and fees are paid. Please make sure all of the items are filled out correctly. Any form that is not filled out will delay your child's participation.

- Have a **physical examination** done by a certified physician or physicians' assistant. Physicals are good for one year from the date given. Please check ACROSS from the

OFFICE for paperwork if needed or go to the Murphy Creek Homepage and click on the ATHLETICS tab and download one yourself.

- Fill out the **Medical Examination** form & get it signed by a doctor
- Students/Parents must read and sign the **Rules of Conduct for Athletes**
- Students/Parents must read and sign the **Sporting Behavior Form**
- Parents must read, fill out, and sign the **Athletic Participation Permit**
- Students/Parents must read, fill out, and sign the **Hazing Directive**
- Students/Parents may choose to fill out a **Health Concern Form** if needed
- Students must have **medical insurance** to participate. If your child does not have medical insurance, school insurance can be purchased. Forms are in the main office
- There is a fee of **\$33 per sport**. The maximum amount to be paid by a family with two or more students will be limited to **\$90 per school year**. The maximum amount to be paid by a family with one athlete will be **\$66 per school year**.
  - **Any athlete who has not paid their athletic fee for a sport WILL NOT PLAY until the athletic fee has been PAID IN FULL!**

Students shall not be denied participation due to indigence in any class, program or sport for non-payment of fees. The athletic director may waive payment of fees upon verification that the family is eligible for aid to dependent children or where the student is judged to be indigent.

Please contact Brian Fought (Athletic Director) 303-366-0579 or [bmfought@aps.k12.co.us](mailto:bmfought@aps.k12.co.us) if you have any questions!

## **Games/Matches/Meets**

When students are released from the academic school day at 2:30 P.M., they will have the opportunity to **either GO HOME or STAY at SCHOOL for STUDY HALL.**

Students who wish to go home **MUST** let their coach know that they are leaving campus and also must return by **3:45 P.M.** to ensure they will be on time to be picked up by the bus at Murphy Creek for the athletic contest, or to get ready for a home game.

Parents/Guardians who wish for their students **NOT** to leave campus, please contact your child's coach.

Games/Matches/Meets in Aurora Public Schools have a start time scheduled for 4:30 P.M. Sports that have different level of teams, such as basketball will start with their "C" team competing first, "B" team playing second, and the "A" team playing last. Athletes playing at all competition levels are encouraged to stay and support other Murphy Creek athletes/players when they have finished competing but, certainly understand the need for them to leave in order to complete schoolwork, take care of other obligations, or to be with their families!

Any athlete who is dressed in their uniform, on the team bench (or in an athlete only area) **WILL** play in that athletic contest or game. Playing time and playing level (A Team/B Team/ C Team) will be up to the coaches' discretion.

The district will provide transportation **TO** and **FROM** Murphy Creek for athletic contests during the school week. However, parents/guardians must supply transportation on any athletic contest played on a **SATURDAY**.

If a parent/guardian wishes to take their son/daughter home with them directly after the athletic contest, they must physically sign out with the coach. **NO EXCEPTIONS!**

## **Practices**

Students will practice Monday - Friday during the season on all student contact days, unless there is a game or practice is cancelled. Please check with each coach to find out their practice schedule. If your child is to be picked up, please be on time.

## **Lockers**

Students will have access to lockers during athletics to change and to store their belongings. **Students must buy their OWN combination lock**, the school does not provide them.

## **Activity Bus**

An activity bus will run Monday-Thursday departing Murphy Creek at 5:00 p.m. Students will have to make alternate transportation arrangements on Friday's.

The activity bus will make the following stops:

- Gun Club Estates (E Ohio Ave/S. Coolidge St)
- Sunchase/Brandon Park (S Uravan St)
- Sienna (S Zeno Way)
- Foxdale (S Yampa St)

## **Uniforms**

Athletes will receive a school issued uniform to wear during games/matches/meets and is expected to care for the uniform during the season and return it in similar condition within a week (5 school days) or a \$50 fee will be assessed.

A contract will be issued to the athlete & their parents to sign for use/return of the jersey.

Undershirts and socks must be school colors or white and black. Students not in compliance with uniform rules may forfeit playing time.

## **Ineligibility**

A student must remain eligible to participate in sports competitions. Eligibility is determined by a student's work habits as indicated on the Work Habits Rubric, shown below. If a student receives a score below a 3 in any area from **two** classroom teachers, that student is deemed ineligible to compete in the next week's first game/meet/match. Coaches will notify students and parents/guardians on Friday afternoon if a student is deemed ineligible.

## Work Habits Grading Rubric

<b>Indicators</b>	<b>4</b> Consistently meets expectations	<b>3</b> <i>Frequently meets expectations</i>	<b>2</b> <i>Infrequently meets expectations</i>	<b>1</b> <i>Does not meet expectations</i>
<b>Effort</b>	Consistently shows commitment to academic growth Consistently demonstrates positive attitude and/or eagerness toward learning	Frequently shows commitment to academic growth Frequently demonstrates positive attitude and/or eagerness toward learning	Infrequently shows commitment to academic growth Infrequently demonstrates positive attitude and/or eagerness toward learning	Does not show commitment to academic growth Does not demonstrate positive attitude and/or eagerness toward learning
<b>Engagement</b>	Consistently interacts respectfully Always participates appropriately in class (independently, in small group, pair discussions and listens actively) Consistently challenges oneself	Frequently interacts respectfully Frequently participates appropriately in class (independently, in small group, pair discussions and listens actively) Frequently challenges oneself	Infrequently interacts respectfully Infrequently participates appropriately in class (independently, in small group, pair discussions and listens actively) Infrequently challenges oneself	Does not interact respectfully Does not participate in class discussion or listen actively Does not challenge oneself
<b>Homework</b>	Consistently completes on time Consistently demonstrates high quality	Frequently completes on time Frequently demonstrates high quality	Infrequently completes on time Infrequently demonstrates high quality	Does not complete on time Does not demonstrate high quality
<b>Responsibility</b>	Consistently present, on time, and prepared to learn Consistently meets deadlines and completes makeup work Consistently demonstrates academic honesty	Frequently present, on time, and prepared to learn Frequently meets deadlines and completes makeup work Frequently demonstrates academic honesty	Infrequently present, on time, and prepared to learn Infrequently meets deadlines and completes makeup work Infrequently demonstrates academic honesty	Rarely present, on time, and prepared to learn Rarely meets deadlines and completes makeup work Rarely demonstrates academic honesty

APS Middle School Work Habits grading guidelines

S. Pearson

## **Discipline/Suspensions**

In the event that your child receives disciplinary action during a school day and receives a half day or full day in-school suspension, your child may not participate in any athletic practices/event/games for that day. For example, if John receives an in-school suspension for inappropriate behavior at 10:00 a.m. and serves his suspension the rest of the day, then, John cannot participate in track practice after school that day.

If a student receives an out of school suspension, he/she may not participate in any school activity for the duration of the suspension and cannot be on A.P.S. property.

## **Aurora Public Schools Sportsmanship Expectations**



## **APS District Athletics and Activities**

Michael Krueger, Ed.S. – District Athletic/Activities Director  
Angelic White – Assistant to the Director

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Support Services Mission Statement - **Our job is to work with stakeholders to create and maintain safe, adaptable and highly functional school and work environments that accelerate learning for every APS student every day.**

### **APS Athletics/Activities Mission Statement**

We are committed to providing extensive, enjoyable and competitive programs that encourage pride, loyalty and success; to provide our students with exceptional opportunities to participate in athletics and activities while pursuing excellence; to create an environment that fosters growth, develops life skills, and prepares leaders who will contribute intellectually and emotionally to a diverse and changing world.

### **Our Core Values - "We educate and inspire through athletics and activities"**

#### ***Integrity***

We are committed to the highest sense of integrity encompassing every aspect of our behavior as members of the Aurora Community. We strive for high moral character, honor, respect and honesty in all our actions realizing that the strength of a school community is based on the integrity of its members.

#### ***Respect***

We value inclusivity and equity in our programs. We embrace the diversity of our students, coaches and administrators by fostering a respectful culture that utilizes and celebrates those differences to achieve great success.

#### ***Servant Leadership***

We will develop the leadership capacity of our students through a commitment to serving others. We are dedicated to developing young men and young women to be leaders who motivate, who create positive change, and who make an impact on the world. We are preparing them for a lifetime of servant leadership.

#### ***People***

We will keep the well-being of our students, coaches and staff at the core of every decision.

#### ***Sportsmanship***

We are gracious competitors regardless of the final score and conduct ourselves with dignity under pressure and in the face of adversity.

#### ***Accountability***

We hold ourselves and each other accountable for our words and our actions.

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Aurora, Colorado 80011  
<http://aurorak12.org>

**APS Athletics**  
***"Preparing Champions for Life!"***

303-340-8655 ext. 28386  
303-326-2065 (fax)  
[arwhite@aps.k12.co.us](mailto:arwhite@aps.k12.co.us)

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## Miscellaneous

- Sometimes it can be difficult as a parent/guardian getting to athletic contests right at 4:30 p.m. when they start. Picking up athletes after a game can be equally challenging. We have a lot going on and can't always be where we WANT to be WHEN we need to be!

In the past, parents/guardians whose student's are signed up for a particular sport have emailed/texted/communicated an effort to create a carpool.

Once an athletic season has begun, talk with your child and inquire if any of their friends are playing too, this may help you as you begin to organize your carpool.

- Younger siblings are not allowed to be at practices waiting around unsupervised. Only middle school athletes are allowed to be at practice.

Please let me know if I can be of any help, if you have any questions or concerns, please let me know!

GO JETS!

Brian Fought - Athletic Director (303)366-0579 [bmfought@aps.k12.co.us](mailto:bmfought@aps.k12.co.us)